RESTAURANT PROGRAM
shemensiocountry

## SENIOR MENU

## 1/2 Sandwich \& Salad Combos

## Turkey Panini

Sliced fresh turkey breast, Swiss cheese, red ripe tomato, red onion and lemon aioli on wheat.
Served with a side salad and fruit.

## Grilled Chicken Panini

Grilled chicken breast, Swiss cheese, red onion, tomato and lemon aioli on wheat.
Served with a side salad and fruit.

## BLT **

Bacon, Swiss cheese, red ripe tomatoes, crisp lettuce and mayo on toasted bread on wheat.
Served with a side salad, yogurt, and fruit.

## Crispy Chicken Sandwich

Fried chicken breast, Swiss cheese, lettuce, tomato and mayo on toasted wheat bread.
Served with a side salad and fruit.

## Sliders

Two mini cheeseburgers topped with Swiss cheese, lettuce, tomato, pickles, red onion and mayo on wheat bun.
Served with a side salad and fruit.

## Entrees

## Enchiladas

Corn tortillas stuffed with chicken and Swiss cheese, red onions and smothered in our homemade special sauce.
Served with rice, beans, and fruit.

## Tacos

Two crispy chicken tacos made with corn tortillas and topped with lettuce, tomato, onion and cheese.
Served with rice, beans and fruit.

## Quesadilla

Chicken breast and Swiss cheese wrapped in a wheat tortilla and grilled to perfection.
Served with rice, beans and fruit.

## Cajun Pasta for small appetite

Fettuccini noodles, chicken breast, mushrooms, Cajun spices in a creamy house made alfredo sauce and topped with fresh shaved parmesan cheese.
Served with fruit and a slice of wheat toast.

## HOURS OF OPERATION

Monday-Friday: 2:00 pm-9:00 pm
Saturday: 2:00 pm - 9:00 pm
Sunday: 10:00 am - 9:00 pm (through football season)
meals wheels

## SENIOR MENU

## Soup \& Salad Combos

## Availability based on the "Soup of the Day" Please inquire before ordering

## Country Potato**

Potatoes, cheddar and jack cheese, with onions. Served with a side salad, wheat toast and fruit.

## Albondiga

Ground Beef, onions, carrots, zucchini, potatoes, and tomatoes.
Served with a side salad, wheat toast, yogurt and fruit.

## Broccoli Cheese**

Broccoli, cheddar cheese and milk.
Served with a side salad, wheat toast and fruit.

## Vegetable Beef

Beef (steak), carrots, potatoes, corn, onions, and tomatoes.
Served with a side salad, wheat toast, yogurt and fruit.

## **The total sodium content of these meals exceeds 800 mg

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