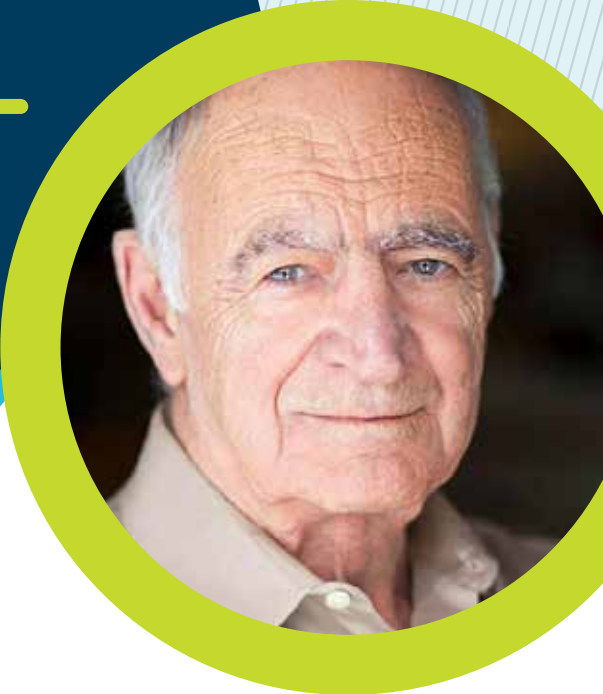


SPRING **IMPACT** REPORT



BREAKER 1-9: GOOD NEIGHBOR HERE...

WE GOT COMPASSION AT THE DOOR!

It was nearing the Holidays, and as people were filling the stores buying holiday presents, Herbert was filling his truck with something much simpler – boxes of frozen meals for the seniors that depended on his weekly visit. Herbert has been a Meals on Wheel’s driver for four years, and his route today included Glen, a long-time Home-Delivery Meals program participant.



Glen, is an 89-year-old widower who is progressively becoming completely blind. Glen has loving adult children that, unfortunately, live very far away. On this particular day, Herbert noticed Glen appearing down-in-the-dumps. Glen told Herbert he was feeling very sad and alone, and missed the days when he used his HAM radio to socialize with people. Ironically, Herbert is a huge HAM radio enthusiast and offered to communicate with Glen on their radios. But Glen informed Herbert that his radio had stopped working years ago.

Herbert jumped into action – he not only repaired Glen’s broken radio, he connected Glen with a local HAM radio club! Glen and his entire family were elated – his kids even purchased their own HAM radios! Now, every morning, Glen checks in with his kids, and throughout the day, he chats with fellow club members. His life of loneliness and isolation has been replaced with laughter, stories, and friendship.

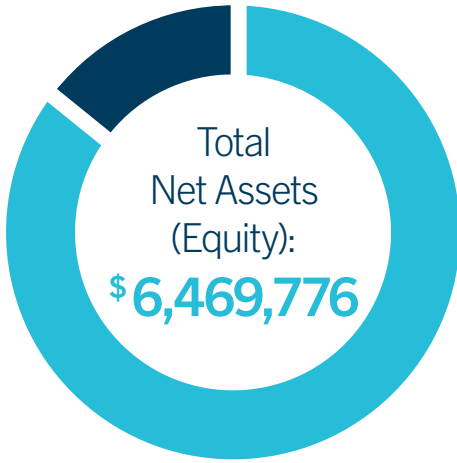
Herbert’s compassion changed Glen’s life! And compassion is at the heart of Meals on Wheels – it transforms a routine meal delivery into a meaningful human connection and improves life for the seniors we serve. ●

SNAPSHOT OCT—DEC 2025



TOTAL SERVED:
104,811 meals
2,982 seniors

OUR FINANCIALS (JUL - OCT 2025)



■ **Total Assets:** \$ 7,767,722
■ **Total Liabilities:** \$ 1,297,946



■ **Total Revenue:** \$ 3,029,600
■ **Total Expenses:** \$ 2,513,189



AGENCY
ON AGING
AREA 4

YOU HAVE A HEART OF GOLD!



Your generosity keeps seniors nourished, cared for, and remembered. . . and for that we thank you! This past few months, more than ever, we were reminded of the extraordinary power of compassion. As we reflect on this Spring Impact Report, one truth shines brightly: YOU make our work possible.

Every meal delivered, every reassuring smile shared with homebound seniors, Community Café participants, and Restaurant program patrons, all begins with your generosity. Each moment of connection improves the life of a Sacramento senior. Because of you, thousands of seniors received nutritious meals, and the reassurance of knowing they are seen, valued, and cared for.

Thanks to your commitment, we deliver more than meals. Your support nourishes bodies lifts spirits, and strengthens our entire community. We are deeply grateful for your partnership and look forward to continuing this vital mission together. ●

NEWS & UPDATES

- **Brick House Restaurant** was awarded the 2026/27 contract as the vendor to provide meals for the Home Delivery & Community Café meal programs. Congratulations Brick House and thank you for your ongoing service and support.
- **Project Warm Wishes** brightened the holidays for each of our homebound seniors. Meals on Wheels Drivers delivered 1,355 gift bags containing blankets, puzzles, scarves, and more to our most vulnerable, isolated participants. Thank you to ALL that donated, packed gift bags, and shared the need among your respective communities.
- **AARP's Cupid Crew** will be out in force on Feb 14th, delivering roses and Valentine's Day cards to seniors to ensure they feel loved and connected! Thank you to AARP for this partnership. ●

SERVING SACRAMENTO COUNTY COMMUNITIES

MEALS ON WHEELS SACRAMENTO COUNTY is a non-profit organization which is partially supported by the Agency on Aging\Area 4, Sacramento County, HUD CDBG funding, and city support funding from Sacramento Housing and Redevelopment Agency, and the cities of Citrus Heights, Elk Grove, Folsom, Galt and Rancho Cordova. Support is also provided by participant contributions, public donations and fundraisers, as well as over 300 volunteers who provide nearly 5,000 hours of service each month.

THANK YOU ALL SO MUCH!

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